

Brainwashed - Shameless Plug

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Boston residents can tune into Brainwashed peeps Jon Whitney and Nick Feeley every Monday morning now from 7-10 [EDT] (Jon) and 10-12 (Nick) on 90.3 FM. Remote residents can tune in online to [WZBC](#) by [clicking here](#) (it should open in your iTunes or WinAmp). It's commercial free and it's live! Request lines are now open! (Remember to add 5 hours if you're in the UK and subtract 3 hours if you're in California!)