

Brainwashed - Ulla, "Inside Means Inside Me"

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Ulla's recordings of phone conversations and wildlife diffuse into the most vaporous and unsettling ambient dub textures on the third in our Documenting Sound series, recorded over the last few weeks in Philadelphia and recalling Sam Kidel's *Disruptive Muzak*, DJ Lostboi's ambient hymnals and Vladislav Delay's Chain Reaction pearls.

Pieced together from airspun recordings made in Philadelphia during spring 2020, *Inside Means Inside Me*

holds a subtle mirror to the new world's psychic ambiance of existential, slowburn dread. Prizing the sensitively insightful, lower case manner that made Ulla's recent *Tumbling Towards A Wall*

album so memorable, here the sound is more poignant, the dissociative flux used to perhaps more therapeutic effect for an ephemeral reading of the times.

In the first half, Ulla makes a subtly heartbreaking use of crackling phone calls and dub stabs, but embedded in the music's web they take on an unsettling resolution that's hard to place. On the flip, more entwined conversations snag in the breeze with location recordings and scudding hypnagogic washes with a signature low key movement that keep you feeling swaddled but uneasy until the end.

More information can be found [here](#).